

EXHIBIT “A-1”



CERTIFICATION OF RECORDS

I, Tonya Jackson, hereby certify that:
(Medical Records Supervisor/Clerk Name)

- (1) I am the Custodian of Records of, or am otherwise qualified to administer the records for:

Facility Name: JCI

Facility Address: P O BOX 534

Jessup MD 20794

Department Phone#: (410) 799-6100 ex 2845

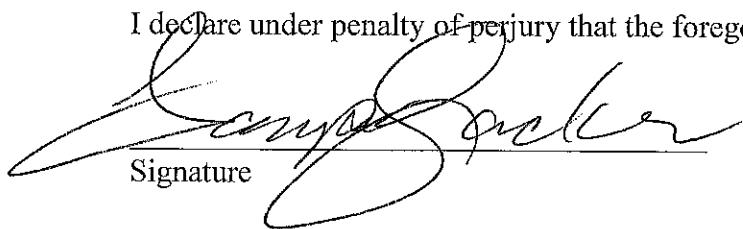
- (2) The attached health records for inmate

Pollard, Charles
Inmate's Last, First Name

241320
SID/DOC/FEDERAL #

- (a) Is a true and correct copy of documents that were made at or near the time of the occurrence of these matters set forth, by or from the information transmitted by, a person with knowledge of these matters; and
- (b) Were kept in the course of the regularly conducted business activity and maintained in the normal course of business; and
- (c) **"We utilize an Electronic Health Record for care of our patients. Not all documents print. If you are missing anything that pertains to the care of this patient, please contact Medical Records directly at the number listed above."**

I declare under penalty of perjury that the foregoing is true and correct.


Signature

9/20/21
Date

OFFICE OF INMATE HEALTH SERVICES

SITE: JCI

COMPLETED BY: Motunrayo O. Adegorsu, NP 03/03/2019 10:55 AM

PATIENT: CHARLES POLLARD
 DATE OF BIRTH: [REDACTED]
 DATE: 03/03/2019 10:55 AM
 VISIT TYPE: Provider Chronic Care Visit

Reason(s) for visit

1. **Cardiovascular** Patient is a 59 Y/O AAM with a history of HTN, b/p today is at goal 128/81mmHG. Patient denies any chest pain or SOB. Heart rate is regular, lungs clear bilaterally to auscultation, respiration even and unlabored. +bowel sounds in all 4 quads of abdomen, abdomen is soft and non distended. Patient denies difficulties with bowel and bladder. Patient's meds renewed and importance of ensuring he keeps up with his chronic care appointments discussed. Most recent labs reviewed with patient, F/U labs and appointment. Patient reassured.

Chronic Problems

Hyperlipidemia NEC/NOS
 Hypertension, benign essential

Past Medical History

Reviewed, no changes.

Family History

Reviewed, no changes.

Allergies:

<u>Allergen/Ingredient</u>	<u>Brand</u>	<u>Reaction:</u>
Penicillins		

The patient is a non-smoker.

Review of Systems**Constitutional:**

Negative for activity change, weakness, .

HEENT:**Head**

Negative for headaches, .

Eyes

Negative for foreign body sensation, eye pain, scotoma, .

Ears

Negative for ear discharge, .

Nose & Sinus

Negative for decreased smell, .

Throat & Mouth

Negative for change in taste, .

Respiratory:

Negative for: accelerated respirations, stridor.

Cardiovascular:**Negative for:**

Chest pain (cardiac), Palpitations.

Vascular:

Negative for edema, pain, ulcer,

Gastrointestinal:**Negative for** abdominal mass, abdominal pain, diarrhea, nausea and reflux.**Genitourinary:**

Negative for back pain, incontinence,

Metabolic/Endocrine:Negative for, numbness, polydipsia, polyphagia, polyuria, tremors.**Musculoskeletal:****Negative for**

Back pain and Weakness.

Hematology:

Negative for easy bruising, cytopenias, and petechiae.

Immunology:

Negative for asthma, environmental allergies, 0.

Vital Signs

<u>Time</u>	<u>Ht Ft</u>	<u>Ht In</u>	<u>HeightMethod</u>	<u>Wt Lb</u>	<u>Wt Kg</u>	<u>Weight Context</u>	<u>BMI</u>
10:56 AM		76.0		238.0			28.97

<u>Time</u>	<u>Temp</u>	<u>Route</u>	<u>BP</u>	<u>Position</u>	<u>Site</u>	<u>Method</u>	<u>Cuff</u>	<u>Pulse</u>	<u>Pattern</u>
10:56 AM	98.0		128/81	sitting				73	

<u>Time</u>	<u>Resp</u>	<u>PulseOx</u>	<u>PulseOxAmb</u>	<u>Timing</u>	<u>PeakFlow</u>	<u>Timing</u>	<u>Method</u>
10:56 AM	17	97					

Physical exam**Constitutional:**

No acute distress. Well nourished. Well developed.

Head / Face:

Facial features are symmetric. .

Eyes:Right

General eye condition is normal.

Lid/lash: normal.

No injection.

No icterus.

Left

General eye condition is normal.

Lid/lash: normal.

No injection.

No icterus.

Ears:

Right Unremarkable to inspection.

Left Unremarkable to inspection.

Nose / Mouth / Throat:

External Nose: is unremarkable.

Right Nares: No discharge.

Left Nares: No discharge.

Nasal Mucosa: No mucosal abnormality.

Septum: No septal deviation or perforation.

Right Sinuses: No swelling or tenderness over right sinus.

Left Sinuses: No swelling or tenderness over the left sinus.

Right Turbinate: No right turbinate hypertrophy.

Left Turbinate: No left turbinate hypertrophy.

Adenoids: are present.

Lips/Teeth/Gums: Normal teeth and gums.

Tongue: Normal tongue.

Buccal Mucosa: Normal buccal mucosa.

Salivary Glands: are normal.

Breath Odor: No breath odor noted

Neck / Thyroid:

Inspection reveals symmetry. Range of motion is supple (normal).

Respiratory:

Chest can be described as symmetric. Lungs clear to auscultation. Respiratory effort is normal.

Cardiovascular:

Palpation | Percussion: PMI normal.

Heart Sounds: NL S1, NL S2.

Extra Sounds: None.

Murmurs: None.

Rate and Rhythm: Heart rate is regular rate. Rhythm is regular.

JVD absent. Extremities are normal. See also extremities. No edema is present.

Vascular:

Pulses

Radial pulses: normal. Dorsalis pedis pulses: normal. Posterior tibial pulses: normal. Capillary refill is: less than 2 seconds.

Varicosities are absent

Abdomen:

Symmetric - no distention. Bowel sounds present, no bruits. Soft, nontender, no organomegaly.

Negative for abdominal tenderness..

Negative for liver enlargement.

Negative for spleen enlargement.

Negative for hepatjugular reflux.

Negative for ascites.

Negative for hernia.

Negative for palpable masses.

Musculoskeletal:

No skeletal tenderness or deformity.

Extremities:

Dorsalis pedis pulses: normal.

Posterior tibial pulses: normal.

No edema is present.

No ulceration present.

No calf tenderness. Varicosities are absent Homan's Sign negative.

Neurological:

Alert and oriented X 3. Grossly normal intellect.

Balance & Gait: Balance and gait intact.

Assessment/ Plan**Hypertension, benign essential (401.1), Controlled.****Medications new, active or stopped this visit:**

<u>Brand Name</u>	<u>Dose</u>	<u>Sig Codes</u>	<u>Start Date</u>	<u>Stop Date</u>
Motrin	800 Mg	1 PO TID/PRN	03/03/2019	07/03/2019
Hydrocil Instant		use 1 packet BID	03/03/2019	07/03/2019
Zetia	10 Mg		03/03/2019	07/03/2019
Maxzide	75 Mg-50 Mg	Tab 1 PO QD	03/03/2019	07/03/2019
Lipitor	80 Mg	1 PO HS	03/03/2019	07/03/2019
Ecotrin	81 Mg	Tab 1 PO QD	03/03/2019	07/03/2019
Norvasc	5 Mg	Tab 1 PO QD	03/03/2019	07/03/2019
Norvasc	5 Mg	Tab 1 PO QD	03/03/2019	03/03/2019
Ecotrin	81 Mg	Tab 1 PO QD	12/27/2018	03/03/2019
Lipitor	80 Mg	1 PO HS	12/27/2018	03/03/2019
Maxzide	75 Mg-50 Mg	Tab 1 PO QD	12/27/2018	03/03/2019
Hydrocil Instant		use 1 packet BID	12/27/2018	03/03/2019
One Daily Multivitamin		1 PO QD	12/27/2018	03/03/2019
Motrin	800 Mg	1 PO TID/PRN	12/27/2018	03/03/2019
Norvasc	5 Mg	Tab 1 PO QD	12/27/2018	03/03/2019
Zetia	10 Mg		12/27/2018	03/03/2019

Office Services

<u>Status</u>	<u>Order</u>	<u>Reason</u>	<u>Interpretation</u>	<u>Value</u>
completed	Continue current medication			
completed	Discussed non compliance medications			
completed	Discussed risk/ benefits/ side effects of treatment			
completed	Discussed treatment of			
completed	Patient education provided and patient voiced understanding			

To be scheduled/ordered

<u>Status</u>	<u>Order</u>	<u>Reason</u>	<u>Assessment</u>	<u>Timeframe</u>	<u>Appointment</u>
ordered	Schedule chronic care clinic Cardiovascular		401.1	3 Months	03/03/2019

Lab Studies

<u>Status</u>	<u>Lab Study</u>	<u>Timeframe</u>	<u>Date</u>	<u>Comments</u>
ordered	Basic Lipid Panel		06/03/2019	Fasting
ordered	CBC w/Diff, Platelet Ct.		06/03/2019	Fasting
ordered	Culture, Urine		06/03/2019	Fasting
ordered	PSA, Serum		06/03/2019	Fasting
ordered	Screening HgbA1C		06/03/2019	Fasting
ordered	Urinalysis, Routine		06/03/2019	Fasting

Provider: Motunrayo Adegorusi, NP**Document generated by: Motunrayo O. Adegorusi, NP 03/03/2019 3:41 PM**

OFFICE OF INMATE HEALTH SERVICES

SITE: CMCF

COMPLETED BY: Lynda Beardsley, LPN 04/19/2019 7:01 AM

PATIENT: CHARLES POLLARD
 DATE OF BIRTH: [REDACTED]
 DATE: 04/19/2019 7:01 AM
 VISIT TYPE: Nurse Visit-scheduled

Reason(s) for visit

1. REFUSED RHT 4/9/19

Chronic Problems

Hyperlipidemia NEC/NOS

Hypertension, benign essential

Allergies:

<u>Allergen/Ingredient</u>	<u>Brand</u>	<u>Reaction:</u>
Penicillins		

The patient is a non-smoker.

Medications new, active or stopped this visit:

<u>Brand Name</u>	<u>Dose</u>	<u>Sig Codes</u>	<u>Start Date</u>	<u>Stop Date</u>
Motrin	800 Mg	1 PO TID/PRN	03/03/2019	07/03/2019
Hydrocil Instant		use 1 packet BID	03/03/2019	07/03/2019
Zetia	10 Mg		03/03/2019	07/03/2019
Maxzide	75 Mg-50 Mg	Tab 1 PO QD	03/03/2019	07/03/2019
Lipitor	80 Mg	1 PO HS	03/03/2019	07/03/2019
Ecotrin	81 Mg	Tab 1 PO QD	03/03/2019	07/03/2019
Norvasc	5 Mg	Tab 1 PO QD	03/03/2019	07/03/2019

Office Services

<u>Status</u>	<u>Order</u>	<u>Reason</u>	<u>Interpretation</u>	<u>Value</u>
completed	HIV education provided and test offered			

Provider: Provider Medical

Document generated by: Lynda Beardsley, LPN 04/19/2019 7:02 AM

OFFICE OF INMATE HEALTH SERVICES

SITE: JCI

COMPLETED BY: Umu Barry, RN 04/19/2019 1:27 PM

PATIENT: CHARLES POLLARD
 DATE OF BIRTH: [REDACTED]
 DATE: 04/19/2019 1:27 PM
 VISIT TYPE: Nurse Visit-scheduled

Reason(s) for visit

1. TB ASSESSMENT

Chronic Problems

Hyperlipidemia NEC/NOS

Hypertension, benign essential

Allergies:Allergen/IngredientBrandReaction:

Penicillins

The patient is a non-smoker.

Medications new, active or stopped this visit:

<u>Brand Name</u>	<u>Dose</u>	<u>Sig Codes</u>	<u>Start Date</u>	<u>Stop Date</u>
Motrin	800 Mg	1 PO TID/PRN	03/03/2019	07/03/2019
Hydrocil Instant		use 1 packet BID	03/03/2019	07/03/2019
Zetia	10 Mg		03/03/2019	07/03/2019
Maxzide	75 Mg-50 Mg	Tab 1 PO QD	03/03/2019	07/03/2019
Lipitor	80 Mg	1 PO HS	03/03/2019	07/03/2019
Ecotrin	81 Mg	Tab 1 PO QD	03/03/2019	07/03/2019
Norvasc	5 Mg	Tab 1 PO QD	03/03/2019	07/03/2019

Provider: Kasahun Temesgen, MD

Document generated by: Umu Barry, RN 04/19/2019 1:30 PM

OFFICE OF INMATE HEALTH SERVICES

SITE: JCI

COMPLETED BY: Bernard Alenda, NP 05/14/2019 11:35 PM

PATIENT: CHARLES POLLARD
 DATE OF BIRTH: [REDACTED]
 DATE: 05/14/2019 11:35 PM
 VISIT TYPE: Health Assessment

Reason(s) for visit1. **Not seen.** inmate was not seen for DOC physical.**Chronic Problems**

Hyperlipidemia NEC/NOS

Hypertension, benign essential

Allergies:Allergen/IngredientBrandReaction:

Penicillins

The patient is a non-smoker.

Medications new, active or stopped this visit:

<u>Brand Name</u>	<u>Dose</u>	<u>Sig Codes</u>	<u>Start Date</u>	<u>Stop Date</u>
Motrin	800 Mg	1 PO TID/PRN	03/03/2019	07/03/2019
Hydrocil Instant		use 1 packet BID	03/03/2019	07/03/2019
Zetia	10 Mg		03/03/2019	07/03/2019
Maxzide	75 Mg-50 Mg	Tab 1 PO QD	03/03/2019	07/03/2019
Lipitor	80 Mg	1 PO HS	03/03/2019	07/03/2019
Ecotrin	81 Mg	Tab 1 PO QD	03/03/2019	07/03/2019
Norvasc	5 Mg	Tab 1 PO QD	03/03/2019	07/03/2019

Provider: Bernard Alenda, NP

Document generated by: Bernard Alenda, NP 05/14/2019 11:37 PM

OFFICE OF INMATE HEALTH SERVICES

SITE: JCI

COMPLETED BY: Bernard Alenda, NP 05/21/2019 6:59 PM

Patient Name : CHARLES POLLARD

IDOC# : 241320

DOB : [REDACTED]

DATE : 05/21/2019 6:59 PM

HEALTH ASSESSMENT

Reason(s) for visit

1. **periodic physical exam:** 60 y.o. AAM inmate here for DOC physical. Medical problems include hyperlipidemia, hypertension, and chronic back problems. He has a 4inc by 2ins lump on the right border of the spine. It was operated upon in 2010 but grew back up in 2012. He has had some MRIs but no further surgery. He says the lump is painful with intensity up to 10/10. He has to take up to 4 tabs of Motrin 800mg daily for pain. He has taken the flu shots since 2012.

Nursing Comments

Immunizations

flu (split) (3 yrs or older) 0.5 mL IM	09/20/2012
flu (split) (3 yrs or older) 0.5 mL IM	10/23/2014
flu (split) (3 yrs or older) 0.5 mL IM	11/16/2017
flu (split) (3 yrs or older) 0.5 mL IM	10/23/2018
flu (split) (3 yrs or older) 0.5 mL IM	10/14/2016
flu (split) (3 yrs or older) 0.5 mL IM	11/12/2015
flu (split) (3 yrs or older) 0.5 mL IM	10/16/2013

Family History

Yes Diabetes

Social History

Marital Status / Family / Social Support

Currently divorced.

Tobacco

Patient is a non-smoker.

Alcohol

There is a history of alcohol use, but no current usage. Patient quit drinking in 25. Vodka was consumed daily - about 5 drinks daily.

Allergies

Allergies:
Penicillins

Review of Systems

Constitutional: No fever, fatigue, or night sweats.

Respiratory: No cough, no audible wheeze, respirations are regular.

Cardiovascular: No chest pain or palpitations.

Vascular: Negative for claudication.

Gastrointestinal: No vomiting, diarrhea, constipation, or pain.

Genitourinary: No dysuria or hematuria.

Male Reproductive: No penile discharge.

Metabolic/Endocrine: No polyuria, polydipsia, or polyphagia. No cold/heat intolerance.

Neuro/Psychiatric: No dizziness, no emotional disturbances.

Musculoskeletal: No bone/joint pain or swelling. No weakness.

Hematology: No bruising or bleeding.

Immunology: No known food or environmental allergies.

Vital Signs

<u>BP</u>	<u>Temp F</u>	<u>Pulse</u>	<u>Resp Rate</u>	<u>Ht In</u>	<u>Wt Lb</u>	<u>Pain Score</u>
131/86	98.0	76	18	76.0	237.0	

Comments

Physical exam

Constitutional: No apparent distress. Well nourished and well developed.

Head / Face: Normocephalic.

Eyes:

Right

General eye condition is normal.

Lid/lash: normal.

No injection.

No icterus.

Cornea is unremarkable.

PERRLA.

Iris: normal.

EOM's intact - no nystagmus.

Left

General eye condition is normal.
 Lid/lash: normal.
 No injection.
 No icterus.
 Cornea is unremarkable.
 PERRLA.
 Iris: normal.
 EOM's intact - no nystagmus.

Visual Acuity

OS 20 / 25
 OD 20 / 30
 OU 20 / 20

Ears:

Right Unremarkable to inspection. External ear normal to palpation. Pinna normal to inspection. Canal reveals excess cerumen, Mastoid cavity clean to inspection. Normal tympanic membrane. Visualization method (R): otoscopy. Hearing grossly intact.

Left Unremarkable to inspection. External ear normal to palpation. Pinna normal to inspection. Canal reveals excess cerumen, Mastoid cavity clean to inspection. Normal tympanic membrane. Visualization method (L): otoscopy. Hearing grossly intact.

Nose / Mouth / Throat: No nasal deformity. Mucous membranes normal. Tongue and throat appear normal. No mucosal lesions.

Neck / Thyroid: Supple, without adenopathy or enlarged thyroid.

Lymphatic: No palpable cervical, supraclavicular, or axillary adenopathy.

Breast: Normal inspection without masses or unusual tenderness.

Respiratory: Normal to inspection. Lungs clear to auscultation and percussion.

Cardiovascular: Regular rhythm. No murmurs, gallops, or rubs.

Vascular: Well perfused. Carotid, femoral, and pedal pulses are normal.

Abdomen: Soft, non-tender, without organomegaly or masses.

Rectum:

Peri-rectal area normal to inspection and palpation. No hemorrhoids, fissures or condylomata. Normal sphincter tone.

Muscular ring appears normal. Rectal walls appear normal. Deep palpation reveals normal conditions.

Stool is brown and guaiac negative. Prostate appears normal.

Normal Seminal Vesicle.

Date of last rectal exam: 05/21/2019 Comments: FOBT negative.

Integumentary: No impressive skin lesions are present.

Back / Spine: No kyphosis or scoliosis.

Musculoskeletal: Normal musculature. No skeletal tenderness or joint deformity.

Extremities: Extremities appear normal. No edema or cyanosis.

Neurological: Alert and oriented.

Medications new, active or stopped this encounter

<u>Brand Name</u>	<u>Dose</u>	<u>Sig Codes</u>	<u>Start Date</u>	<u>Stop Date</u>
Debrox	6.5 %	4 drops each ear BID	05/21/2019	05/28/2019
Zetia	10 Mg		03/03/2019	07/03/2019

POLLARD, CHARLES [REDACTED] 3 / 4

Maxzide	75 Mg-50 Mg	Tab 1 PO QD	03/03/2019 07/03/2019
Lipitor	80 Mg	1 PO HS	03/03/2019 07/03/2019
Ecotrin	81 Mg	Tab 1 PO QD	03/03/2019 07/03/2019
Norvasc	5 Mg	Tab 1 PO QD	03/03/2019 07/03/2019
Motrin	800 Mg	1 PO TID/PRN	03/03/2019 07/03/2019
Hydrocil Instant		use 1 packet BID	03/03/2019 07/03/2019

Recurring Orders

<u>Order</u>	<u>Frequency</u>	<u>Duration</u>	<u>End Date</u>
12 lead EKG		1 Day	05/22/2019

Lab Studies

<u>Status</u>	<u>Lab Study</u> <u>Comments</u>	<u>Timeframe</u>	<u>Date</u>
ordered	CBC w/Diff, Platelet Ct.		05/21/2019
ordered	COMPREHENSIVE METABOLIC		05/21/2019
ordered	PSA, Serum		05/21/2019
ordered	Urinalysis, Routine		05/21/2019

Provider: Bernard Alenda, NP**Document Generated by: Bernard Alenda, NP 05/21/2019 7:49 PM**

OFFICE OF INMATE HEALTH SERVICES

SITE: JCI

COMPLETED BY: Bernard Alenda, NP 05/21/2019 6:59 PM

PATIENT: CHARLES POLLARD
DATE OF BIRTH: [REDACTED]
DATE: 05/21/2019 6:59 PM
VISIT TYPE: Health Assessment

Reason(s) for visit

1. **periodic physical exam:** 60 y.o. AAM inmate here for DOC physical. Medical problems include hyperlipidemia, hypertension, and chronic back problems. He has a 4inc by 2ins lump on the right border of the spine. It was operated upon in 2010 but grew back up in 2012. He has had some MRIs but no further surgery. He say the lump is painful with intensity up to 10/10. He has to take up to 4 tabs of Motrin 800mg daily for pain. He has taken the flun shots since 2012.

Chronic Problems

Hyperlipidemia NEC/NOS
Hypertension, benign essential

Social History

Reviewed, no changes.

Allergies:

Allergen/Ingredient
Penicillins

Brand

Reaction:

The patient is a non-smoker.

Review of Systems

Constitutional: No fever, fatigue, or night sweats.

Respiratory: No cough, no audible wheeze, respirations are regular.

Cardiovascular: No chest pain or palpitations.

Vascular: Negative for claudication.

Gastrointestinal: No vomiting, diarrhea, constipation, or pain.

Genitourinary: No dysuria or hematuria.

Male Reproductive: No penile discharge.

Metabolic/Endocrine: No polyuria, polydipsia, or polyphagia. No cold/heat intolerance.

Neuro/Psychiatric: No dizziness, no emotional disturbances.

Musculoskeletal: No bone/joint pain or swelling. No weakness.

Hematology: No bruising or bleeding.

Immunology: No known food or environmental allergies.

Vital Signs

<u>Time</u>	<u>Ht Ft</u>	<u>Ht In</u>	<u>HeightMethod</u>	<u>Wt Lb</u>	<u>Wt Kg</u>	<u>Weight Context</u>	<u>BMI</u>
7:00 PM		76.0	carried forward	237.0			28.85

<u>Time</u>	<u>Temp</u>	<u>Route</u>	<u>BP</u>	<u>Position</u>	<u>Site</u>	<u>Method</u>	<u>Cuff</u>	<u>Pulse</u>	<u>Pattern</u>
7:00 PM	98.0		131/86	sitting				76	

<u>Time</u>	<u>Resp</u>	<u>PulseOx</u>	<u>PulseOxAmb</u>	<u>Timing</u>	<u>PeakFlow</u>	<u>Timing</u>	<u>Method</u>
7:00 PM	18	98					

Visual Acuity

OS 20 / 25

OD 20 / 30

OU 20 / 20

Physical exam

Constitutional: No apparent distress. Well nourished and well developed.

Head / Face: Normocephalic.

Eyes:

Right

General eye condition is normal.

Lid/lash: normal.

No injection.

No icterus.

Cornea is unremarkable.

PERRLA.

Iris: normal.

EOM's intact - no nystagmus.

Left

General eye condition is normal.

Lid/lash: normal.

No injection.

No icterus.

Cornea is unremarkable.

PERRLA.

Iris: normal.

EOM's intact - no nystagmus.

Visual Acuity

OS 20 / 25

OD 20 / 30

OU 20 / 20

Ears:

Right Unremarkable to inspection. External ear normal to palpation. Pinna normal to inspection. Canal reveals excess cerumen, Mastoid cavity clean to inspection. Normal tympanic membrane. Visualization method (R): otoscopy. Hearing grossly intact.

Left Unremarkable to inspection. External ear normal to palpation. Pinna normal to inspection. Canal reveals excess cerumen, Mastoid cavity clean to inspection. Normal tympanic membrane. Visualization method (L): otoscopy. Hearing grossly intact.

Nose / Mouth / Throat: No nasal deformity. Mucous membranes normal. Tongue and throat appear normal. No

mucosal lesions.

Neck / Thyroid: Supple, without adenopathy or enlarged thyroid.

Lymphatic: No palpable cervical, supraclavicular, or axillary adenopathy.

Breast: Normal inspection without masses or unusual tenderness.

Respiratory: Normal to inspection. Lungs clear to auscultation and percussion.

Cardiovascular: Regular rhythm. No murmurs, gallops, or rubs.

Vascular: Well perfused. Carotid, femoral, and pedal pulses are normal.

Abdomen: Soft, non-tender, without organomegaly or masses.

Rectum:

Peri-rectal area normal to inspection and palpation. No hemorrhoids, fissures or condylomata. Normal sphincter tone. Muscular ring appears normal. Rectal walls appear normal. Deep palpation reveals normal conditions.

Stool is brown and guaiac negative. Prostate appears normal.

Normal Seminal Vesicle.

Date of last rectal exam: 05/21/2019 Comments: FOBT negative.

Integumentary: No impressive skin lesions are present.

Back / Spine: No kyphosis or scoliosis.

Musculoskeletal: Normal musculature. No skeletal tenderness or joint deformity.

Extremities: Extremities appear normal. No edema or cyanosis.

Neurological: Alert and oriented.

Assessment/ Plan

Examination NOS (V72.9), Current (Active).

Medications new, active or stopped this visit:

<u>Brand Name</u>	<u>Dose</u>	<u>Sig Codes</u>	<u>Start Date</u>	<u>Stop Date</u>
Debrox	6.5 %	4 drops each ear BID	05/21/2019	05/28/2019
Zetia	10 Mg		03/03/2019	07/03/2019
Maxzide	75 Mg-50 Mg	Tab 1 PO QD	03/03/2019	07/03/2019
Lipitor	80 Mg	1 PO HS	03/03/2019	07/03/2019
Ecotrin	81 Mg	Tab 1 PO QD	03/03/2019	07/03/2019
Norvasc	5 Mg	Tab 1 PO QD	03/03/2019	07/03/2019
Motrin	800 Mg	1 PO TID/PRN	03/03/2019	07/03/2019
Hydrocil Instant		use 1 packet BID	03/03/2019	07/03/2019

Office Services

<u>Status</u>	<u>Order</u>	<u>Reason</u>	<u>Interpretation</u>	<u>Value</u>
completed	Labs: CBC, CMP, PSA UA. and 12 lead EKG			
completed	Patient education provided and patient voiced understanding			
completed	Patient was reassured			
completed	Take new medication as prescribed			

Recurring Orders

<u>Order</u>	<u>Frequency</u>	<u>Duration</u>	<u>End Date</u>
12 lead EKG		1 Day	05/22/2019

Lab Studies

<u>Status</u>	<u>Lab Study</u>	<u>Timeframe</u>	<u>Date</u>	<u>Comments</u>
ordered	CBC w/Diff, Platelet Ct.		05/21/2019	
ordered	COMPREHENSIVE METABOLIC		05/21/2019	
ordered	PSA, Serum		05/21/2019	
ordered	Urinalysis, Routine		05/21/2019	

Provider: Bernard Alenda, NP

Document generated by: Bernard Alenda, NP 05/21/2019 7:51 PM

OFFICE OF INMATE HEALTH SERVICES

SITE: JCI

COMPLETED BY: Sade A. Plumpter, RN 06/10/2019 7:45 PM

PATIENT: CHARLES POLLARD
DATE OF BIRTH: [REDACTED]
DATE: June 10, 2019
VISIT TYPE: Nurse Sick Call - Scheduled

Reason(s) for visit

1. NPO NOTIFICATION

-

Nursing Comments

Inmate alert and oriented times three. Inmate instructed not to eat or drink after midnight for lab drawn scheduled for 6/11/19 and inmate verbalized understanding..

Height and Weight

Vitals

Allergies

Allergen/Ingredient
Penicillins

Brand

Reaction:

Document generated by: Sade A. Plumpter, RN 06/10/2019 7:47 PM

Pollard MR - 000016

OFFICE OF INMATE HEALTH SERVICES

SITE: JCI

COMPLETED BY: Electa A. Awanga, NP 06/19/2019 5:34 PM

PATIENT: CHARLES POLLARD
 DATE OF BIRTH: [REDACTED]
 DATE: 06/19/2019 5:34 PM
 VISIT TYPE: Provider Sick Call

Reason(s) for visit

1. **Back Pain:** 60 y/o male presents to medical on a sick call visit. He is complaining about pain to his back s/p surgery in 2010 when a lump was removed. He reports that the lump has grown out again.
 On assessment, a huge lump was noted on patient's back.
 A: Chronic back Pain
 P: Refere to Chronic care doctor.
 Mobic PO BID

Chronic Problems

Hyperlipidemia NEC/NOS
 Hypertension, benign essential

Allergies:

Allergen/Ingredient
 Penicillins

BrandReaction:

The patient is a non-smoker.

Review of Systems

Constitutional: No fever, fatigue, or night sweats.

Respiratory: No cough, no audible wheeze, respirations are regular.

Cardiovascular: No chest pain or palpitations.

Musculoskeletal:**Positive for****Back pain**

1. Lumbosacral spine pain is described as moderate and aching., and has been present for 1 year(s). , it is exacerbated by exercises, it is improved by NSAIDs.

Vital Signs

<u>Time</u>	<u>Ht Ft</u>	<u>Ht In</u>	<u>HeightMethod</u>	<u>Wt Lb</u>	<u>Wt Kg</u>	<u>Weight Context</u>	<u>BMI</u>
5:34 PM				236.0			

<u>Time</u>	<u>Temp</u>	<u>Route</u>	<u>BP</u>	<u>Position</u>	<u>Site</u>	<u>Method</u>	<u>Cuff</u>	<u>Pulse</u>	<u>Pattern</u>
5:34 PM	97.6		137/80					82	

<u>Time</u>	<u>Resp</u>	<u>PulseOx</u>	<u>PulseOxAmb</u>	<u>Timing</u>	<u>PeakFlow</u>	<u>Timing</u>	<u>Method</u>
5:34 PM	18	96					

Physical exam

1470566 POLLARD, CHARLES

1/2

Constitutional: No apparent distress. Well nourished and well developed.

Respiratory:

Chest can be described as symmetric. Lungs clear to auscultation. Normal palpation. Lungs clear to percussion. There is no chest wall tenderness. There is no cough. Respiratory effort is normal.

Cardiovascular:

Palpation | Percussion: PMI normal.

Heart Sounds: NL S1, NL S2.

Rate and Rhythm: Heart rate is regular rate. Rhythm is regular.

JVD absent. Extremities are normal.

Musculoskeletal: Normal musculature. No skeletal tenderness or joint deformity.

Extremities: Extremities appear normal. No edema or cyanosis.

Neurological: Alert and oriented.

Assessment/ Plan

Back Disorder Nec & Nos (724), Chronic.

Medications new, active or stopped this visit:

<u>Brand Name</u>	<u>Dose</u>	<u>Sig Codes</u>	<u>Start Date</u>	<u>Stop Date</u>
Mobic	7.5 Mg	Tab 1 PO QD	06/19/2019	07/20/2019
Zetia	10 Mg		03/03/2019	07/03/2019
Maxzide	75 Mg-50 Mg	Tab 1 PO QD	03/03/2019	07/03/2019
Lipitor	80 Mg	1 PO HS	03/03/2019	07/03/2019
Ecotrin	81 Mg	Tab 1 PO QD	03/03/2019	07/03/2019
Norvasc	5 Mg	Tab 1 PO QD	03/03/2019	07/03/2019
Motrin	800 Mg	1 PO TID/PRN	03/03/2019	07/03/2019
Hydrocil Instant		use 1 packet BID	03/03/2019	07/03/2019

Office Services

<u>Status</u>	<u>Order</u>	<u>Reason</u>	<u>Interpretation</u>	<u>Value</u>
completed	Patient education provided and patient voiced understanding			
completed	Patient was reassured			
completed	Take new medication as prescribed			

To be scheduled/ordered

<u>Status</u>	<u>Order</u>	<u>Reason</u>	<u>Assessment</u>	<u>Timeframe</u>	<u>Appointment</u>
completed	Follow up if condition worsens or no improvement within 7 days				724
	06/20/2019				

Provider: Electa Awanga, NP

Document generated by: Electa A. Awanga, NP 06/20/2019 5:40 PM

CONSULTATION

SITE: JCI

COMPLETED BY: Motunrayo O. Adegorusi, NP **07/02/2019 10:31 AM**

Patient: CHARLES POLLARD **ID#:** 241320 **DOB:** [REDACTED]

Off-site

Reference #:

Date of Request: 07/02/2019 10:31 AM

3rd Party Insurance: (VA, Workmen's Comp, Federal, Interstate Compact, etc.):
Maryland DPSCS

For security reasons, inmates must NOT be informed of date, time or location of proposed treatment or possible hospitalization. Authorization and payment is provided ONLY for requested procedures or treatments of life-threatening conditions. Prior review/discussion with Medical Director is required for additional treatment, procedures and hospitalizations.

Procedure/Test Requested: Evaluation of Right back herniation

Specialty Service Requested: General surgery

Presumed Diagnosis:

Hypertension, benign essential

401.1

Signs & Symptoms:

Date of Onset:

Patient is a 60 y/o AA male with recurrent fat herniation from retroperitonea area s/p repair and placement of mesh in 2010 - at Bon Secour- Dr "Abuaker". Pt does have lower lumbar - spondylosis and degenerative disease but pain seems to be emanating from the hernia. Pt was seen by Dr Hannah and pt awaiting definitive treatment Pt must take 2400 mg per day of motrin for this pain and feels that it is dangerous to continue with that does. Pt prefers to resolve the fat herniation as herniation appears hard and immovable now. Patient will benefit from having the herniation evaluated by a general surgeon preferably UMMS per patient.

Site Medical Provider: Motunrayo Adegorusi, NP

07/02/2019

Copy this form and paste in an email and send form to designated reviewer

(For UM use only)

Criteria Source:	M & R	Interqual	Other
Criteria met:	Yes	No	Deferred

NAME: POLLARD, CHARLES LAMONT
NUMBER: 241320
D.O.B.: [REDACTED]

Pollard MR - 000019

CONSULTATION

SITE: JCI

COMPLETED BY: Motunrayo O. Adegorusi, NP 07/02/2019 10:31 AM

Reviewer comments:

Recommendation for visit appointment:

Visits:

UM Review #:

Reviewer Name:

Date Reviewed:

Note: Notify physician or midlevel practitioner immediately if unable to obtain appointment within 4 weeks. If service is not completed within 4 weeks, have patient re-evaluated by physician or midlevel practitioner to determine if service is still necessary and appropriate.

NAME: POLLARD, CHARLES LAMONT
NUMBER: 241320
D.O.B.: [REDACTED]

Pollard MR - 000020

OFFICE OF INMATE HEALTH SERVICES

SITE: JCI

COMPLETED BY: Motunrayo O. Adegorsu, NP 03/03/2019 10:55 AM

NON-FORMULARY DRUG REQUEST FORM

FAX #: 1-800-636-9752

A new non-formulary request will be required for all expired orders.

FACILITY: JCI AGE: 59 Years

Ht Ft	Ht In	Weight
	76.0	238.0

Inmate Name: POLLARD, CHARLES INMATE ID#: 241320
(Last, First)

Diagnosis:

Hypertension, benign essential

Allergies:

Penicillins

Current Medications:

Name	Dose	Instructions	Stop Date
Amlodipine Besylate	5 Mg	take one tablet by mouth daily	07/03/2019
Aspirin	81 Mg	take one tablet by mouth daily	07/03/2019
Atorvastatin Calcium	80 Mg	take one by mouth at bedtime	07/03/2019
Ezetimibe	10 Mg	1 po q day	07/03/2019
Ibuprofen	800 Mg		07/03/2019
Psyllium Seed			07/03/2019
Triamterene/hydrochlorothiazid	75 Mg-50 Mg		take one tablet
	07/03/2019		

PROFILE ONLY? ☐ Yes ☐ No (Medication will not be sent if you select YES)

	Drug	Mg	Sig	Number of Days	Approval
1	Ezetimibe	10mg	one po daily	120	Approved/Temesge n
2	Triamterene	75mg/50 mg	One tab po daily	120	Approved/Temesge n
3					

Note: Maximum of 120 day stop date on all non-formulary drugs. (for approving physician only)Was the patient on this medication upon arrival to the facility? Yes ☐ No ☐ [] Mental Health [] Physical Heal

Why must this drug be used instead of one included on the formulary?

What formulary drugs have been tried?

POLLARD, CHARLES 1 / 2

Pollard MR - 000021

What was the outcome?

Ordering Physician: Motunrayo Adegorsu, NP 03/03/2019

DEA# _____

This form generated by: Motunrayo O. Adegorsu, NP

Note: If it is imperative the medication be started ASAP, call the pharmacist directly, in advance of sending 1-800-636-0501

Please note: Non-formulary drugs may not be stocked in the pharmacy.

Therefore, there may be a delay of up to four days if this request is approved. A copy of this form must be submitted for review.

OFFICE OF INMATE HEALTH SERVICES

SITE: JCI

COMPLETED BY: Motunrayo O. Adegorsu, NP 07/02/2019 10:31 AM

NON-FORMULARY DRUG REQUEST FORM

FAX #: 1-800-636-9752

A new non-formulary request will be required for all expired orders.

FACILITY: JCI AGE: 60 Years

Ht Ft	Ht In	Weight
	76.0	235.0

Inmate Name: POLLARD, CHARLES INMATE ID#: 241320
(Last, First)

Diagnosis:

Hypertension, benign essential
Diabetes Mellitus

Allergies:

Penicillins

Current Medications:

Name	Dose	Instructions	Stop Date
Amlodipine Besylate	5 Mg	take one tablet by mouth daily	11/02/2019
Aspirin	81 Mg	take one tablet by mouth daily	11/02/2019
Atorvastatin Calcium	80 Mg	take one by mouth at bedtime	11/02/2019
Ezetimibe	10 Mg	1 po q day	11/02/2019
Ibuprofen	800 Mg		11/02/2019
Meloxicam	7.5 Mg	take one tablet by mouth daily	11/02/2019
Metformin Hcl	500 Mg	take one by mouth two times per day	11/02/2019
Psyllium Seed			11/02/2019
Triamterene/hydrochlorothiazid	75 Mg-50 Mg		take one tablet
	11/02/2019		

PROFILE ONLY? ☐ Yes ☐ No (Medication will not be sent if you select YES)

	Drug	Mg	Sig	Number of Days	Approval
1	Triamterene	75mg-50mg	Take one tab po daily	120	Approved/Temesge n
2	Ezetimibe	10mg	1 tab po daily	120	Approved/Temesge n
3					

Note: Maximum of 120 day stop date on all non-formulary drugs. (for approving physician only)

Was the patient on this medication upon arrival to the facility? Yes___ No___ [] Mental Health [] Physical Heal

Why must this drug be used instead of one included on the formulary?

What formulary drugs have been tried?

What was the outcome?

Ordering Physician: Motunrayo Adegorsu, NP 07/02/2019

DEA# _____

This form generated by: Motunrayo O. Adegorsu, NP

Note: If it is imperative the medication be started ASAP, call the pharmacist directly, in advance of sendi
1-800-636-0501

Please note: Non-formulary drugs may not be stocked in the pharmacy.

Therefore, there may be a delay of up to four days if this request is approved. A copy of this form must be
for review.

LABORATORY ORDERS

SITE: JCI

COMPLETED BY: Motunrayo O. Adegorusi, NP 10/05/2019 10:24 AM

Lab Orders for: CHARLES POLLARD**Date: 10/05/2019 10:24 AM**

<u>Status</u>	<u>Code</u>	<u>Lab Study</u>	<u>Date</u>	<u>Lab</u>
ordered	0009-1	Basic Lipid Panel	11/05/2019	BioReference-CORIZON
ordered	0053-9	CBC w/Diff, Platelet Ct.	11/05/2019	BioReference-CORIZON
ordered	0459-8	Urinalysis, Routine	11/05/2019	BioReference-CORIZON
ordered	0102-4	Hemoglobin A1C	11/05/2019	BioReference-CORIZON
ordered	HBASC	Screening HgbA1C	11/05/2019	BioReference-CORIZON
ordered	0190-9	PSA, Serum	11/05/2019	BioReference-CORIZON
ordered	0080-2	Culture, Urine	11/05/2019	BioReference-CORIZON
ordered	3427-2	COMPREHENSIVE METABOLIC	11/05/2019	BioReference-CORIZON
ordered	0153-7	TSH, Third Generation	11/05/2019	BioReference-CORIZON

NAME: POLLARD, CHARLES LAMC
NUMBER: 24'
D.O.B.: [REDACTED]

Pollard MR - 000025

LABORATORY ORDERS

SITE: JCI

COMPLETED BY: Bernard Alenda, NP 05/21/2019 6:59 PM

Lab Orders for: CHARLES POLLARD

Date: 05/21/2019 6:59 PM

<u>Status</u>	<u>Code</u>	<u>Lab Study</u>	<u>Date</u>	<u>Lab</u>
ordered	3427-2	COMPREHENSIVE METABOLIC	05/21/2019	BioReference-CORIZON
ordered	0459-8	Urinalysis, Routine	05/21/2019	BioReference-CORIZON
ordered	0190-9	PSA, Serum	05/21/2019	BioReference-CORIZON
ordered	0053-9	CBC w/Diff, Platelet Ct.	05/21/2019	BioReference-CORIZON

NAME: POLLARD, CHARLES LAMC
NUMBER: 24'
D.O.B.: [REDACTED]

Pollard MR - 000026

LABORATORY ORDERS

SITE: JCI

COMPLETED BY: Motunrayo O. Adegorusi, NP 03/03/2019 10:55 AM

Lab Orders for: **CHARLES POLLARD**

Date: **03/03/2019 10:55 AM**

<u>Status</u>	<u>Code</u>	<u>Lab Study</u>	<u>Date</u>	<u>Lab</u>
ordered	0459-8	Urinalysis, Routine	06/03/2019	BioReference-CORIZON
ordered	0080-2	Culture, Urine	06/03/2019	BioReference-CORIZON
ordered	HBASC	Screening HgbA1C	06/03/2019	BioReference-CORIZON
ordered	0009-1	Basic Lipid Panel	06/03/2019	BioReference-CORIZON
ordered	0053-9	CBC w/Diff, Platelet Ct.	06/03/2019	BioReference-CORIZON
ordered	0190-9	PSA, Serum	06/03/2019	BioReference-CORIZON

NAME: POLLARD, CHARLES LAMC
NUMBER: 24'
D.O.B.: [REDACTED]

Pollard MR - 000027

OFFICE OF INMATE HEALTH SERVICES

SITE: JCI

COMPLETED BY: Motunrayo O. Adegorsu, NP 07/02/2019 10:31 AM

PATIENT: CHARLES POLLARD
DATE OF BIRTH: [REDACTED]
DATE: 07/02/2019 10:31 AM
VISIT TYPE: Provider Chronic Care Visit

Reason(s) for visit

1. **Cardiovascular** Patient is a 60 Y/O AAM with a history of HTN, b/p today is at goal 122/80mmHG. Patient denies any chest pain or SOB. Heart rate is regular, lungs clear bilaterally to auscultation, respiration even and unlabored. +bowel sounds in all 4 quads of abdomen, abdomen is soft and non distended. Patient denies difficulties with bowel and bladder. Patient's meds renewed and importance of ensuring he keeps up with his chronic care appointments discussed. Most recent labs reviewed with patient, F/U appointment planned. Patient reassured.

Most recent A1C 6.6
DX T2DM
- Metformin
-Repeat A1C in 3 months

Chronic Problems

Hyperlipidemia NEC/NOS
Hypertension, benign essential

Past Medical History

Reviewed, no changes.

Family History

Reviewed, no changes.

Allergies:

Allergen/Ingredient
Penicillins

Brand

Reaction:

The patient is a non-smoker.

Review of Systems

Constitutional:

Negative for activity change, weight gain, .

HEENT:

Head

Negative for headaches, .

Eyes

Negative for foreign body sensation, eye pain, scotoma, .

Ears

Negative for ear discharge, .

Nose & Sinus

Negative for decreased smell, .

Throat & Mouth

Negative for change in taste, .

Respiratory:

Negative for: accelerated respirations, pleuritic pain, wheezing.

Cardiovascular:

Negative for:

Chest pain (cardiac), Dyspnea, Palpitations, Syncope.

Vascular:

Negative for edema, pain, ulcer,

Gastrointestinal:

Negative for abdominal mass, abdominal pain, diarrhea, nausea and reflux.

Genitourinary:

Negative for back pain, incontinence,

Metabolic/Endocrine:

Negative for, polydipsia, polyphagia, polyuria, tremors.

Dermatologic:

Negative for

Acne, rash, skin lesions.

Musculoskeletal:

Negative for

Back pain and Weakness.

Hematology:

Negative for easy bruising, cytopenias, and petechiae.

Immunology:

Negative for asthma, environmental allergies, 0.

Vital Signs

<u>Time</u>	<u>Ht Ft</u>	<u>Ht In</u>	<u>HeightMethod</u>	<u>Wt Lb</u>	<u>Wt Kg</u>	<u>Weight Context</u>	<u>BMI</u>
10:31 AM		76.0	carried forward	235.0			28.60

<u>Time</u>	<u>Temp</u>	<u>Route</u>	<u>BP</u>	<u>Position</u>	<u>Site</u>	<u>Method</u>	<u>Cuff</u>	<u>Pulse</u>	<u>Pattern</u>
10:31 AM	98.1	oral	122/80	sitting				83	

<u>Time</u>	<u>Resp</u>	<u>PulseOx</u>	<u>PulseOxAmb</u>	<u>Timing</u>	<u>PeakFlow</u>	<u>Timing</u>	<u>Method</u>
10:31 AM	18	96					

Physical exam**Constitutional:**

No acute distress. Well nourished. Well developed.

Head / Face:

Facial features are symmetric. .

Eyes:

Right

General eye condition is normal.

Lid/lash: normal.

1470566 POLLARD, CHARLES

2/4

No injection.
No icterus.

Left

General eye condition is normal.
Lid/lash: normal.
No injection.
No icterus.

Ears:

Right Unremarkable to inspection. External ear normal to palpation. Pinna normal to inspection. Canal normal in caliber, no excessive cerumen, no drainage. Mastoid cavity clean to inspection. Normal tympanic membrane.
Left Unremarkable to inspection. External ear normal to palpation. Pinna normal to inspection. Canal normal in caliber, no excessive cerumen, no drainage. Mastoid cavity clean to inspection. Normal tympanic membrane.

Nose / Mouth / Throat:

External Nose: is unremarkable.
Right Nares: No discharge.
Left Nares: No discharge.
Nasal Mucosa: No mucosal abnormality.
Septum: No septal deviation or perforation.
Right Sinuses: No swelling or tenderness over right sinus.
Left Sinuses: No swelling or tenderness over the left sinus.
Right Turbinate: No right turbinate hypertrophy.
Left Turbinate: No left turbinate hypertrophy.
Adenoids: are present.
Lips/Teeth/Gums: Normal teeth and gums.
Tongue: Normal tongue.
Buccal Mucosa: Normal buccal mucosa.
Salivary Glands: are normal.
Breath Odor: No breath odor noted

Neck / Thyroid:

Inspection reveals symmetry. Range of motion is supple (normal).

Respiratory:

Chest can be described as symmetric. Lungs clear to auscultation. Respiratory effort is normal.

Cardiovascular:

Palpation | Percussion: PMI normal.
Heart Sounds: NL S1, NL S2.
Extra Sounds: None.
Murmurs: None.
Rate and Rhythm: Heart rate is regular rate. Rhythm is regular.
JVD absent. Extremities are normal. See also extremities. No edema is present.

Vascular:

Pulses

Radial pulses: normal. Dorsalis pedis pulses: normal. Posterior tibial pulses: normal. Capillary refill is: less than 2 seconds.
Varicosities are absent

Abdomen:

Symmetric - no distention. Bowel sounds present, no bruits. Soft, nontender, no organomegaly.
Negative for abdominal tenderness..
Negative for liver enlargement.
Negative for spleen enlargement.
Negative for hepatojugular reflux.
Negative for ascites.
Negative for hernia.
Negative for palpable masses.

Musculoskeletal:

No skeletal tenderness or deformity.

Extremities:

Dorsalis pedis pulses: normal.

Posterior tibial pulses: normal.

No edema is present.

No calf tenderness. Varicosities are absent Homan's Sign negative.

Neurological:

Alert and oriented X 3. Grossly normal intellect.

Balance & Gait: Balance and gait intact.**Consultation****Procedure/Test Requested:** Evaluation of Right back herniation**Specialty Service Requested:** General surgery**Assessment/ Plan****Hypertension, benign essential (401.1), Stable.****Medications new, active or stopped this visit:**

<u>Brand Name</u>	<u>Dose</u>	<u>Sig Codes</u>	<u>Start Date</u>	<u>Stop Date</u>
Mobic	7.5 Mg	Tab 1 PO QD	07/02/2019	11/02/2019
Norvasc	5 Mg	Tab 1 PO QD	07/02/2019	11/02/2019
Ecotrin	81 Mg	Tab 1 PO QD	07/02/2019	11/02/2019
Lipitor	80 Mg	1 PO HS	07/02/2019	11/02/2019
Maxzide	75 Mg-50 Mg	Tab 1 PO QD	07/02/2019	11/02/2019
Zetia	10 Mg		07/02/2019	11/02/2019
Hydrocil Instant		use 1 packet BID	07/02/2019	11/02/2019
Motrin	800 Mg	1 PO TID/PRN	07/02/2019	11/02/2019
Metformin Hcl	500 Mg	1 PO BID	07/02/2019	11/02/2019
Mobic	7.5 Mg	Tab 1 PO QD	06/19/2019	07/02/2019
Zetia	10 Mg		03/03/2019	07/02/2019
Maxzide	75 Mg-50 Mg	Tab 1 PO QD	03/03/2019	07/02/2019
Lipitor	80 Mg	1 PO HS	03/03/2019	07/02/2019
Ecotrin	81 Mg	Tab 1 PO QD	03/03/2019	07/02/2019
Norvasc	5 Mg	Tab 1 PO QD	03/03/2019	07/02/2019
Motrin	800 Mg	1 PO TID/PRN	03/03/2019	07/02/2019
Hydrocil Instant		use 1 packet BID	03/03/2019	07/02/2019

Provider: Motunrayo Adegorsu, NP**Document generated by: Motunrayo O. Adegorsu, NP 07/02/2019 4:29 PM**

OFFICE OF INMATE HEALTH SERVICES

SITE: JCI

COMPLETED BY: Bernard Alenda, NP 08/14/2019 8:13 PM

PATIENT: CHARLES POLLARD
 DATE OF BIRTH: [REDACTED]
 DATE: 08/14/2019 8:13 PM
 VISIT TYPE: Provider Sick Call

Reason(s) for visit

1. **Diabetes.** 60 y.o. AAM inmate newly diagnosed with DM type II is seen for sick call c/o chest discomfort after he takes Metformin. He goes on to say that he does not get fingerstick ever since he was started on Metformin following his diagnosis.
 ASS/PLAN: Newly diagnosed diabetic
 -Inmate educated on the condition and its management strategies with diet, exercise and medications.
 -Will request daily finger stick
 -Follow up with CC for HgA1c every 90 days.

Chronic Problems

Hyperlipidemia NEC/NOS
 Hypertension, benign essential

Allergies:

Allergen/Ingredient
 Penicillins

BrandReaction:

The patient is a non-smoker.

Review of Systems

Constitutional: No fever, fatigue, or night sweats.

Respiratory: No cough, no audible wheeze, respirations are regular.

Cardiovascular: No chest pain or palpitations.

Gastrointestinal: No vomiting, diarrhea, constipation, or pain.

Male Reproductive: No penile discharge.

Metabolic/Endocrine:

Comments: Newly diagnosed diabetic.

Neuro/Psychiatric: No dizziness, no emotional disturbances.

Musculoskeletal: No bone/joint pain or swelling. No weakness.

Vital Signs

Time	Ht Ft	Ht In	HeightMethod	Wt Lb	Wt Kg	Weight Context	BMI
8:14 PM		76.0	carried forward	235.0			28.60

Time	Temp	Route	BP	Position	Site	Method	Cuff	Pulse	Pattern
8:14 PM	97.8		126/91	sitting				67	

1470566 POLLARD, CHARLES

1/2

Pollard MR - 000032

Time	Resp	PulseOx	PulseOxAmb	Timing	PeakFlow	Timing	Method
8:14 PM	18	96					

Physical exam**Constitutional:** No apparent distress. Well nourished and well developed.**Respiratory:** Normal to inspection. Lungs clear to auscultation and percussion.**Cardiovascular:** Regular rhythm. No murmurs, gallops, or rubs.**Musculoskeletal:** Normal musculature. No skeletal tenderness or joint deformity.**Extremities:** Extremities appear normal. No edema or cyanosis.**Neurological:** Alert and oriented.**Assessment/ Plan****Diabetes Mellitus** (250), Current (Active).**Medications new, active or stopped this visit:**

Brand Name	Dose	Sig Codes	Start Date	Stop Date
Fingerstix		FS daily	08/14/2019	11/14/2019
Norvasc	5 Mg	Tab 1 PO QD	07/02/2019	11/02/2019
Ecotrin	81 Mg	Tab 1 PO QD	07/02/2019	11/02/2019
Mobic	7.5 Mg	Tab 1 PO QD	07/02/2019	11/02/2019
Lipitor	80 Mg	1 PO HS	07/02/2019	11/02/2019
Maxzide	75 Mg-50 Mg	Tab 1 PO QD	07/02/2019	11/02/2019
Zetia	10 Mg		07/02/2019	11/02/2019
Hydrocil Instant		use 1 packet BID	07/02/2019	11/02/2019
Motrin	800 Mg	1 PO TID/PRN	07/02/2019	11/02/2019
Metformin Hcl	500 Mg	1 PO BID	07/02/2019	11/02/2019

Office Services

Status	Order	Reason	Interpretation	Value
completed	Continue current medication			
completed	Patient education provided and patient voiced understanding			
completed	Patient was reassured			
completed	Start fingerstick daily			

Provider: Bernard Alenda, NP**Document generated by: Bernard Alenda, NP 08/14/2019 8:32 PM**

OFFICE OF INMATE HEALTH SERVICES

SITE: JCI

COMPLETED BY: Electa A. Awanga, NP 10/04/2019 5:15 PM

PATIENT: CHARLES POLLARD
 DATE OF BIRTH: [REDACTED]
 DATE: 10/04/2019 5:15 PM
 VISIT TYPE: Provider Sick Call

Reason(s) for visit

1. **Follow UP on Consult:** 60 y/o male was seen in medical today following up about his visit with doctor Hannah. Pt reports that he was seen by doctor Hannah in house and he was told that a consult will be made for him to go out. Per EPHR, visit of 7/2/19, addendum from doctor Hannah attached, with recommendation for follow up at UMMS due to complexity for possible surgery.

Chronic Problems

Hyperlipidemia NEC/NOS
 Hypertension, benign essential

Allergies:

Allergen/Ingredient
 Penicillins

BrandReaction:

The patient is a non-smoker.

Review of Systems

Constitutional: No fever, fatigue, or night sweats.

Respiratory: No cough, no audible wheeze, respirations are regular.

Cardiovascular: No chest pain or palpitations.

Neuro/Psychiatric: No dizziness, no emotional disturbances.

Vital Signs

<u>Time</u>	<u>Ht Ft</u>	<u>Ht In</u>	<u>HeightMethod</u>	<u>Wt Lb</u>	<u>Wt Kg</u>	<u>Weight Context</u>	<u>BMI</u>
5:29 PM				236.0			

<u>Time</u>	<u>Temp</u>	<u>Route</u>	<u>BP</u>	<u>Position</u>	<u>Site</u>	<u>Method</u>	<u>Cuff</u>	<u>Pulse</u>	<u>Pattern</u>
5:29 PM	98.3		128/80					76	

<u>Time</u>	<u>Resp</u>	<u>PulseOx</u>	<u>PulseOxAmb</u>	<u>Timing</u>	<u>PeakFlow</u>	<u>Timing</u>	<u>Method</u>
5:29 PM	20	96					

Physical exam

Constitutional: No apparent distress. Well nourished and well developed.

Respiratory:

Chest can be described as symmetric. Lungs clear to auscultation. Normal palpation. Lungs clear to percussion. There is no chest wall tenderness. There is no cough. Respiratory effort is normal.

Cardiovascular:

1470566 POLLARD, CHARLES [REDACTED]

1/2

Palpation | Percussion: PMI normal.

Heart Sounds: NL S1

Extra Sounds: None.

Murmurs: None.

Rate and Rhythm: Heart rate is regular rate. Rhythm is regular.

JVD absent. Extremities are normal.

Neurological:

Alert and oriented X 3. Grossly normal intellect.

Memory: Intact.

Balance & Gait: Balance and gait intact.

Coordination: Coordination intact.

Consultation

Procedure/Test Requested: Right Back Hernia

Specialty Service Requested: General Surgery

Initial Visit or F/U? Initial Visit

Assessment/ Plan

Hernia, site NOS w/o obst/gngr (553.9), Stable.

Medications new, active or stopped this visit:

<u>Brand Name</u>	<u>Dose</u>	<u>Sig Codes</u>	<u>Start Date</u>	<u>Stop Date</u>
Fingertix		FS daily	08/14/2019	11/14/2019
Norvasc	5 Mg	Tab 1 PO QD	07/02/2019	11/02/2019
Ecotrin	81 Mg	Tab 1 PO QD	07/02/2019	11/02/2019
Mobic	7.5 Mg	Tab 1 PO QD	07/02/2019	11/02/2019
Lipitor	80 Mg	1 PO HS	07/02/2019	11/02/2019
Maxzide	75 Mg-50 Mg	Tab 1 PO QD	07/02/2019	11/02/2019
Zetia	10 Mg		07/02/2019	11/02/2019
Hydrocil Instant		use 1 packet BID	07/02/2019	11/02/2019
Motrin	800 Mg	1 PO TID/PRN	07/02/2019	11/02/2019
Metformin Hcl	500 Mg	1 PO BID	07/02/2019	11/02/2019

Office Services

<u>Status</u>	<u>Order</u>	<u>Reason</u>	<u>Interpretation</u>	<u>Value</u>
completed	Follow exercise program			
completed	Increase fluid intake			
completed	Patient education provided and patient voiced understanding			
completed	Patient was reassured			

To be scheduled/ordered

<u>Status</u>	<u>Order</u>	<u>Reason</u>	<u>Assessment</u>	<u>Timeframe</u>	<u>Appointment</u>
completed	Follow up if condition worsens or no improvement within 7 days				553.9
	10/04/2019				

Provider: Electa Awanga, NP

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